

3 Minute Drill for Big, Easy Reading

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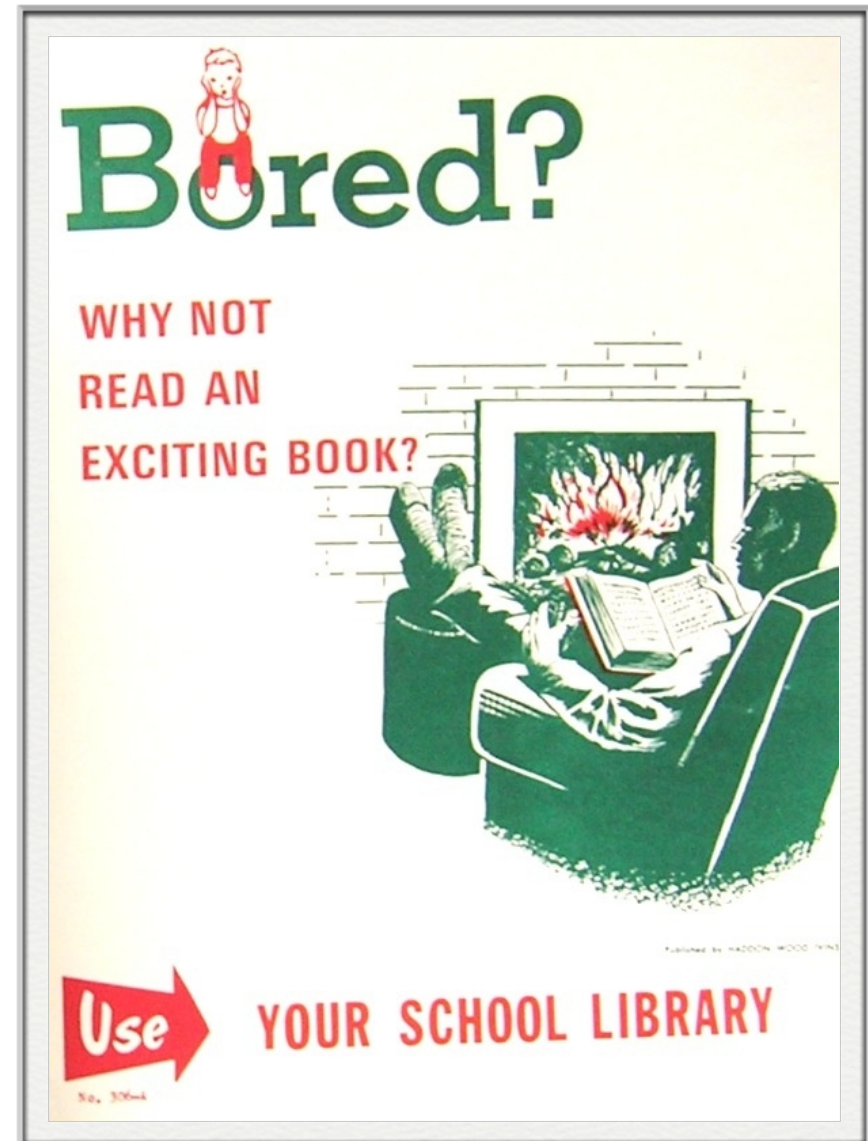
Big, Easy Reading

- Big, easy reading works.
- Improve all language skills.
- Grow cross-culturally.
- Get smarter.
- Flow experience.



Bad News

- Students tend to read hard.
- They may not read enough.
- Does it become a lifestyle?



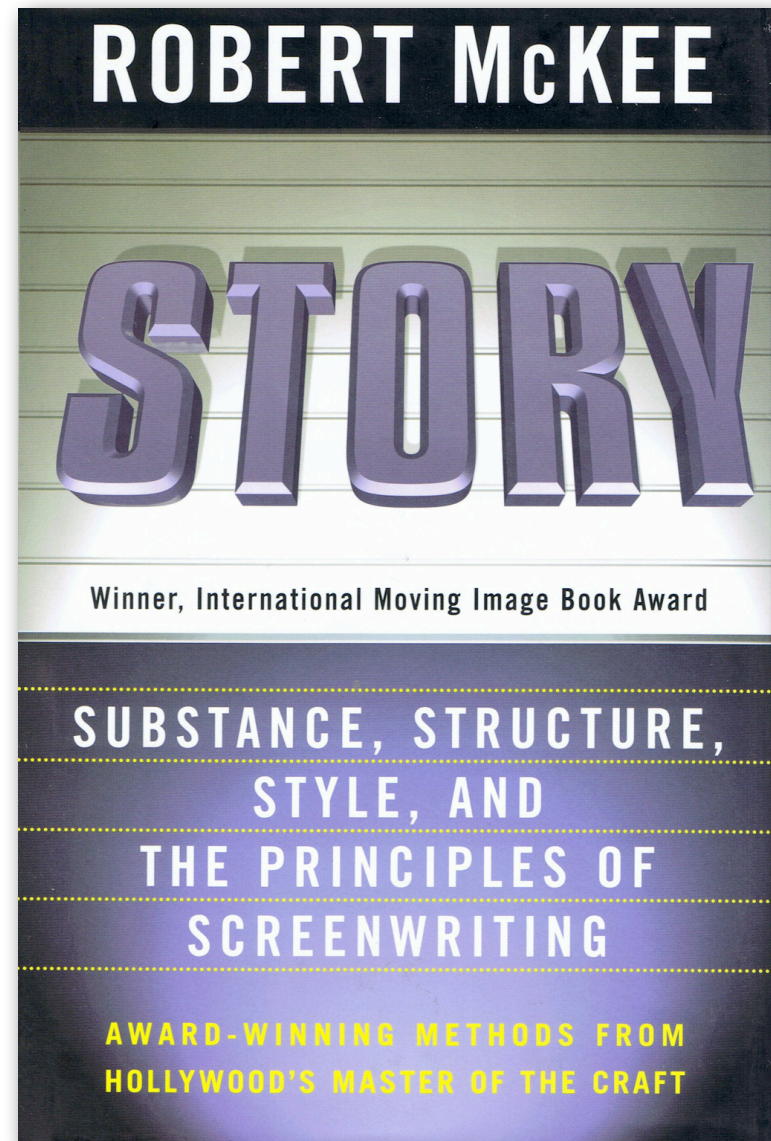
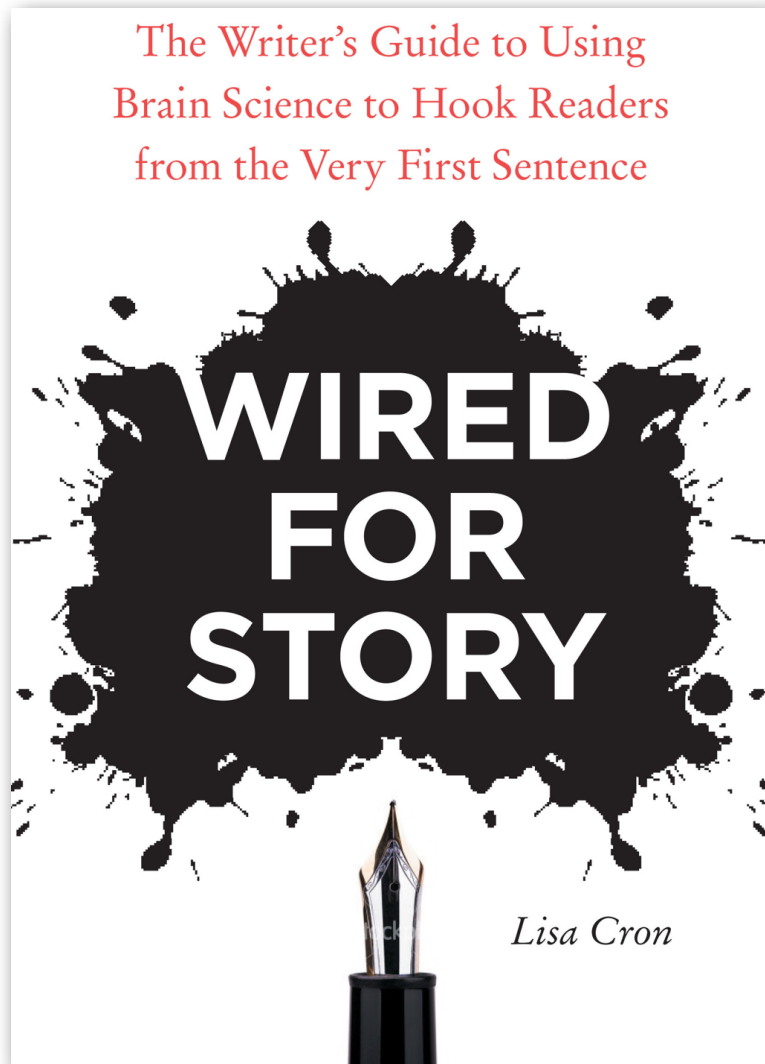
The Question

- **How can we help students to read more?**

Some Answers

- **Require.**
 - **Pressure.**
 - **Inspire.**
 - **Teach story grammar.**

Teach Story Grammar



Teach Story Grammar

- **Story Grammar**
 - **Character + Predicament + Attempted Extrication.**
 - **The Storytelling Animal by Jonathan Gottschall**

The 3-Minute Drill

- Besides, pressuring, requiring, inspiring, and teaching story grammar, you can try the 3-minute drill.
- **The idea: “Starting is half the job.”**
 - **Read for at least 3 minutes per day.**
 - **Trick or kickstart yourself into reading more.**
 - **Try to start a “flow” experience.**

Background & Method

- **68 Intermediate University students.**
 - **3 classes.**
 - **ER is 30% of their grade (word counts).**
 - **Spring term, no 3-minute drill.**
 - **Fall term, 3-minute drill from 12/6-1/17.**

Instructions

- **Carry the 3-Minute Drill form.**
 - **Read at least 3 minutes daily.**
 - **Write your total for each date.**
 - **Write your totals.**
 - **Turn in by DATE.**

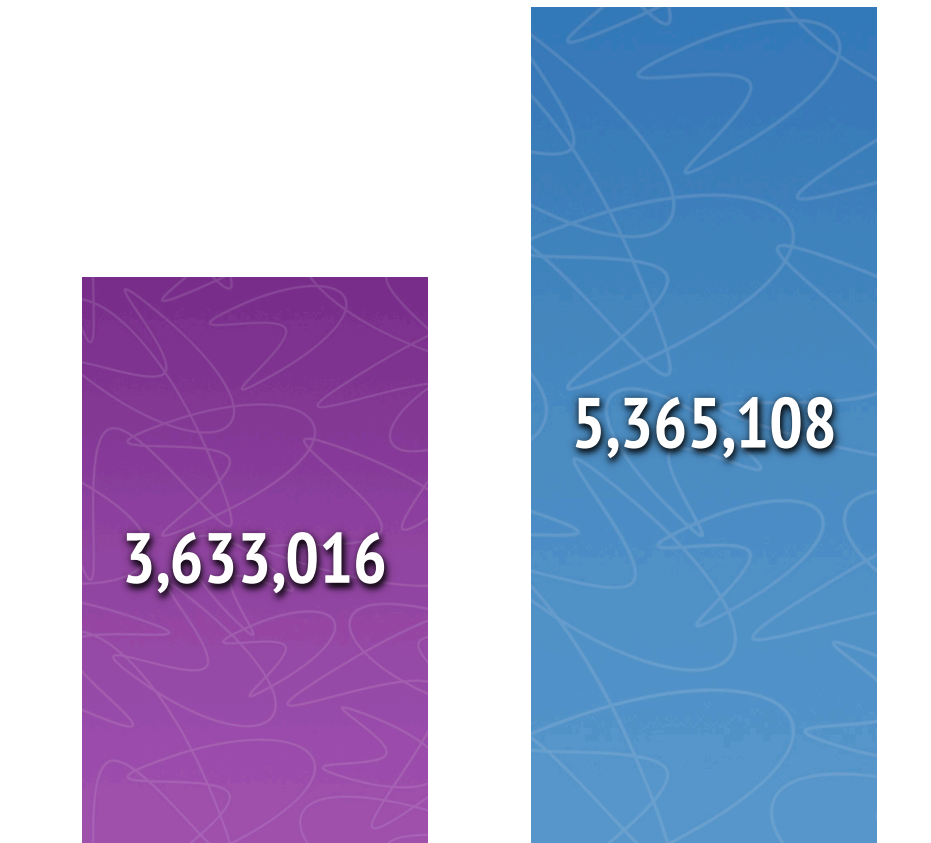
Points

- **3 Minutes a Day Points**
 - **40 Days = 10 points**
 - **35-39 Days = 9 points**
 - **30-34 Days = 8 points**
 - **25-29 Days = 7 points**
 - **20-24 Days = 6 points**

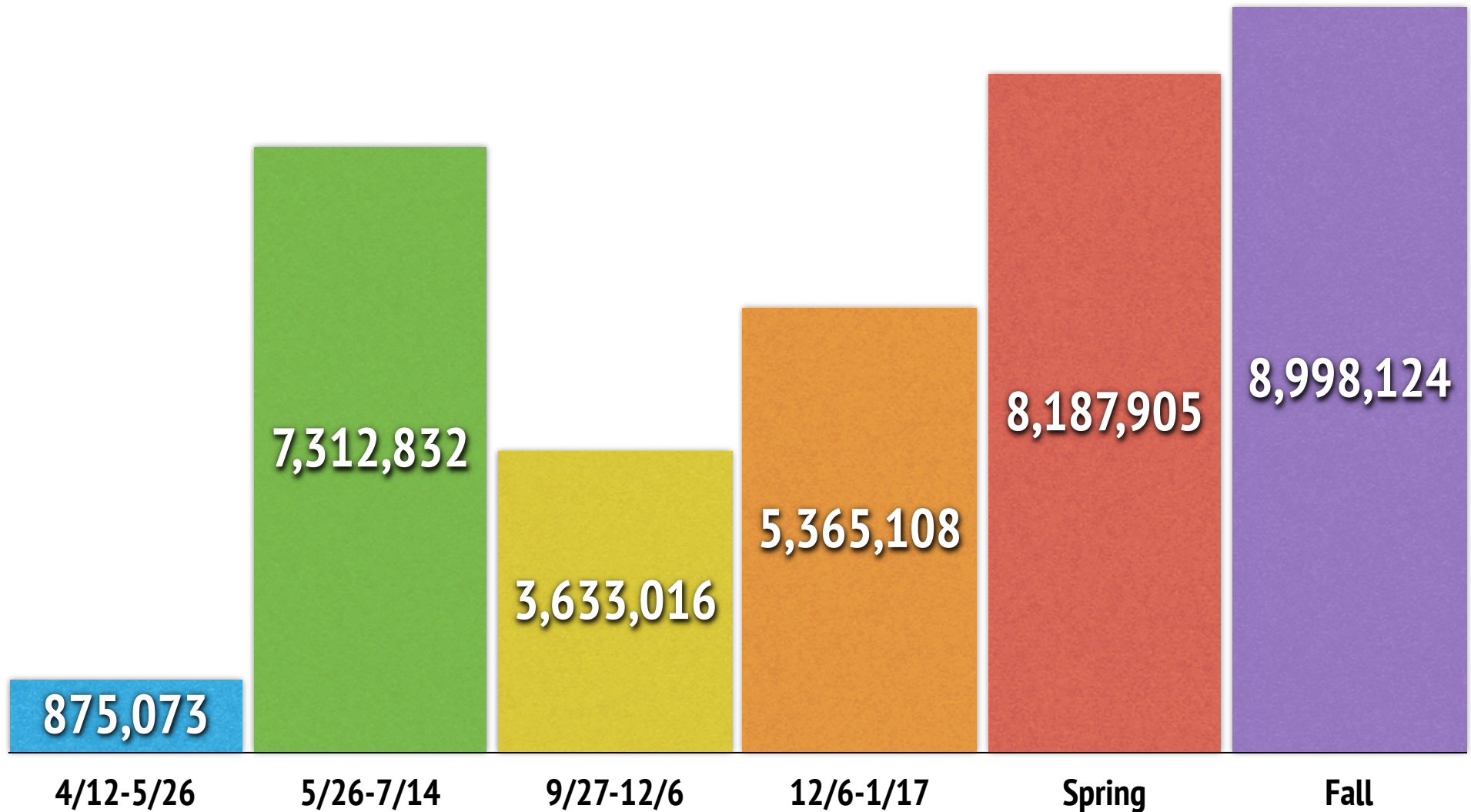
No Drill Then Drill

■ 9/27-12/6

■ 12/6-1/17



No Drill Then Drill?



Interpretations

- **Students improved on their own.**
 - **3-minute did not affect reading.**
- **Students exaggerated word counts.**
 - **They cheated for the grade.**
- **Students read more because...**
 - **The 3-minute catalyzed their reading.**

Future Research

- **Does it really work? How can we know?**
 - **Cross-check with questionnaires and interviews.**
 - **Vary the length of the drill.**
 - **Split the classes into groups (+ & - drills).**
 - **Correlate word counts with individual drill data.**
 - **Do it for a short period in the middle of the term.**
 - **Do it at the start to catalyze reading sooner.**

Thank you!

- For a PDF of today's slides, go to...
 - ilinguist.net
- Contact information.
 - editor@beeoasis.com