

























"Happy Talk"

- I feel good about reading today!
- I think reading will make me successful!
- I believe reading is improving my English!
- I want to read more and more!
- I really enjoy reading everyday!
- My vocabulary is growing because I read!
- I understand more the more I read!

The Three Minute Drill Carry this paper. Read at least 3 minutes daily. Write your total for each date. Write "0" for no time. Write "3" for 3 minutes. Write "33" for 33 minutes. Write your totals Turn in by due date.

"The Confidence Trick"

- Rate how you feel about reading English books and stories on scale of 1 (not at all confident) to 7 (very confident).
- Using your opposite hand, write 3 negative statements that reflect your reading confidence (Example: "It's too difficult," "I don't know enough vocabulary," "It's too time consuming").

- 3. Using your dominant hand, write three positive statements about reading English books and stories (Example: "Reading gets easier every day!" "My vocabulary is growing every time I read!" "I always make time to read because it's fun!"
- 4. Rate yourself again using the 1 to 7 scale. Did the exercise make you feel better/more confident about reading in English?

